

MARCH 28 - 29, 2020 SUSAN HARPER PALO ALTO, CA

CONTINUUM MOVING INQUIRY WORKSHOP

SPIRIT OF INQUIRY

Life is precious.
This is an opportunity to inquire into how we can perceive freshly, tend the original openness of heartmind, and cherish living in a fluid breathing body made of light, earth, space, and rich with meaning.
Come participate in the adventure of who you are becoming.



IMAGINAL PASSAGEWAY

There is an imaginal passageway for souls like us, who tend the space-creating force of love, revealing heart gifts, yearning to be known and blessed; ready to blossom, and contribute to our shared world.

WHAT WILL WE DO?

In exploratory 'dives', we transform through gentle breathing, primordial vocalizing, and engage a multi-faceted movement range that is soulful, dynamic, and subtle. Treat yourself to a luxurious time of meditating, moving, musing, and dancing in a self-regulating process that is nourishing, and organismically wise. In Awareness we melt and restore in spacious Silence.

Through perceptual exercises and experiential anatomy, we deepen our relationship with gravity and perceptual spatial orientation.

This gives us the physical and emotional backing to take risks and meet creative challenges.

We bring our consciousness to our core—where we take in impression through perception, and where we non-verbally express our inner state, our needs and our love.

The process of intimate discovery opens possibilities and births new ways of participating.



SUSAN HARPER opens portals of exploratory consciousness. She has the ability through demonstration of sounds, breaths and movement to transmit a primal and spiritual fluidity that inspires participation resulting in embodied innovative discoveries. She teaches internationally and has been contributing to the development of Continuum since 1975. Hubert Godard, David Whyte, Michael Meade, and Lama Drimed inspire her ongoing inquiry.

LOCATION: Private studio in Palo Alto, CA

TUITION Two Days: - \$250 Group size limited to 15.

CONTACT: Helene Rein at susanharper2012@gmail.com

TO REGISTER: Online registration available after January 1st at www.continuummontage.com
Balance due by February 28.

CANCELLATION POLICY: All payments non-refundable after February 28, 2020.

WORKSHOP TIMES: 10:30am-6pm Bring a lunch.

For more detailed information about Susan Harper events visit: www.continuummontage.com