

LOTUS BORNE PERCEPTION RETREAT
LAMA DRIMED AND SUSAN HARPER
MAY 4 - 10, 2020 BUCKHORN SPRINGS, ASHLAND, OR

In this retreat Lama Drimed and Susan Harper open a multi-dimensional inquiry into our spiritual, somatic, and creative human capacity.

Recognizing our natural state of awareness as a foundation, we will explore a dynamic range that includes meditative stillness, fresh perceiving, movement, and sounding, which opens a vital flow of creativity.



Lama Drimed offers awareness teachings from the Dzogchen tradition. Our natural state is recognized to be all-inclusive awareness.

We awaken to the fresh perception of this moment—the natural aliveness that is our birthright. This is the essence of the ancient tantric ways that celebrate the unfolding of our life as sacred.

WHAT WILL WE DO?

We open receptive meditative inquiry through an innovative approach to Tibetan Buddhist awareness practices and Continuum. We offer perceptual practices to open ways in which we pay attention, listen, and speak about our experience.

Susan opens imaginal, perceptual portals and offers exploratory movement dives which include textured breathing and sounding. We melt into Awareness and restore in spacious Silence.

Lama Drimed and Susan share an innovative teaching style, and are open and attentive to each participant's process of discovery, and to the group process.

Many of our explorations will take place outside in nature where we explore the elemental affinity between our bodies and the living lineage of our breathing planetary body.

LAMA DRIMED offers awareness teachings from Great Perfection/Dzogchen and Tibetan Vajrayana Buddhism. His Tibetan teacher, Chagdud Tulku Rinpoche, a true Dzogchen lineage holder, recognized Lama Drimed as his lineage holder in 1995. After years of intensive spiritual retreat, he is now collaborating with psychological and somatic teachers. His vision is to open dialogues that include current discoveries and the ancient tantric arts.

The expression of this alchemy is creative, free, and relevant for our time.



SUSAN HARPER opens portals of exploratory consciousness. She has the ability through demonstration of sounds, breaths, and movement to transmit a primal and spiritual fluidity that inspires participation resulting in embodied innovative discoveries. She teaches internationally and has been contributing to Continuum since 1975 and teaches perceptual awareness explorations.

LOCATION: Buckhorn Springs 2200 Buckhorn Springs Rd Ashland, OR 97520 www.buckhornsprings.org
FEES includes tuition, accommodations, and all meals for 7 Days/6 Nights: Camping: \$1195, Double: \$1385, Private: \$1725.
TO RESERVE a space in this retreat: send a \$150 non-refundable deposit check payable to "Marilyn Montgomery" to 1919 Buckskin Circle, Arcata, CA 95521. If you would prefer to pay by credit card, email Marilyn at marilynm2010@gmail.com and she will send you a PayPal invoice.

PAYMENTS: Final payments are due by March 5, 2020 and are non-refundable after March 5, 2020.

CONTACT: Marilyn Montgomery at 707 357 7234 or marilynm2010@gmail.com

RETREAT TIMES: The retreat begins with 4pm registration, 5:30 dinner and a 7pm session on the first day, and ends after lunch on the final day. This residential retreat has full day and evening sessions. Closest airport is in Medford, OR