

SUSAN HARPER LIVING DREAMS
SEPTEMBER 5-10, 2020 ARCATA, CA

LIVING DREAMS

Opening a dreaming state
is an adventure
full of surprises,
revelations, and play.

Through movement,
gestures and exploratory
consciousness we open
conversations deep
in our psyche
to discover
unexpected
undeniable answers
from not yet-known
aspects of our deeper self.



DREAMS AS MESSENGERS

Dreams show us what
is calling for attention,
what wants healing, or
shows us a new bud
bursting to be free.
They are creative
gifts from the field
of imagination.

MOVING DREAMS

When images come alive
inside the wisdom of our
bodies, an understanding
is birthed that affects the
original dream, the body,
and the dreamer.

This training includes demos of innovative and ancient shamanic arts of dream tracking in structured solo, partner and group explorations. These explorations open new vistas and deepen our human incarnation.

DREAM EXPLORATION - While awake, we invoke the playful, strangely truthful nature of dreaming. We sensuously embody and move the images, energies and characters that were delivered during sleep. Using a somatic approach, we either track our dreams or, for those who don't remember dreams, our significant life experiences. We arrive at existential messages whose meanings have the power to reshape our life.

IN DEEP MOVEMENT DIVES - We breathe, slow down, sound, listen, rest into spacious silence, and deepen our capacity for fluid grounded embodiment of our creative envisioning.

WHY EXPLORE DREAMS - We open a dreaming circle to loosen the grip of identity, to entertain new possibilities - to bring the colors of our deepest dreams/desires into our life now.



SUSAN HARPER teaches internationally and has been contributing to the development of Continuum since 1975. Her dreamwork is inspired by the teachings of Chris Price - Gestalt Awareness Practice, the perceptual movement work of Hubert Godard, Lama Drimed with whom she teaches regularly, as well as inspiration from Stephen Harrod Buhner, John O'Donohue, David Whyte, Mary Oliver, and Michael Meade.

LOCATION: Arcata area, CA 95521 - Exact location will be sent upon registration

TUITION Early Bird: \$600 if paid in full by July 5, 2020 or \$650 after July 5.

TO RESERVE: Send a \$150 non-refundable registration fee to: Marilyn Montgomery 1919 Buckskin Circle, Arcata, CA 95521.

To pay by credit card, email Marilyn at marilynm2010@gmail.com and she will send you a PayPal invoice.

PAYMENTS: Final payments are due by August 5, 2020 and are non-refundable after August 5, 2020.

CONTACT Marilyn Montgomery at: 707 357 7234 marilynm2010@gmail.com

WORKSHOP TIMES: Saturday-Wednesday 10:30-6, Thursday 10-1pm. Bring a lunch.

This is a practitioner training and includes tracking processes with others. Limited to 16 participants.