SUSAN HARPER CONTINUUM AND BODY OF RELATING JULY 25-28, 2020 BERLIN, GERMANY

In Continuum
exploratory 'dives',
we transform
through gentle
breathing,
primordial
vocalizing,
and engage a
multi-faceted
movement range
that is soulful,
subtle and dynamic.



Build somatic resources:
a capacity for meta-sensuality liquid presence, grounded embodiment, and creative imagination.
In Awareness we melt and restore in spacious Silence.

Susan Harper opens a multi-dimensional inquiry into our spiritual, somatic, creative human capacity. She offers in-depth Continuum practices, and innovative ways of perceiving and relating.

Continuum offers a unique sounding and fluid movement practice, in which we grow awareness of organismic intelligence and enliven our capacity to innovate. Experiential functional anatomy through movement and palpation exercises deepens embodiment.

In this training, we inquire into the ways in which we see, listen, move, and touch. How we perceive affects our physical structure, our psychological profile, and our capacity for intimacy. Attention is brought to our interoceptive sensations, and the ways we uniquely experience, and make sense of our experience

Our bodies and psyches are continually being shaped in an interdependent web of relations in nature and culture. Perceptual movement explorations create a strong, flexible and perceptive body/psyche as we meet, orient and respond to an ever-changing world.

SUSAN HARPER teaches Continuum internationally. She joined Emilie Conrad, founder, in 1975 to study, and became a partner in developing the organization and work of Continuum. In the late 90's Emilie and Susan cofounded the original Continuum Teacher Association.

She is a founding member of the current Continuum Teacher Association.

This work integrates Perceptual/Movement principles from Hubert Godard.



LOCATION: Berlin Village Community Center Kurfürstenstrasse 31/32 Berlin

Price: Earlybird: 390.00 EUR Basic: 425.00 EUR

https://www.somatische-akademie.de

For more information and to register: https://www.somatische-akademie.de/events/continuum-and-body-of-

relating/122?event=continuum-and-body-of-relating

This workshop is for participants with prior experience in Continuum.

FOR MORE DETAILED INFORMATION ABOUT SUSAN HARPER EVENTS VISIT: CONTINUUMMONTAGE.COM