

SUSAN HARPER

CONTINUUM WILDERNESS DEPTHS RETREAT

JUNE 15 - 22, 2019 BUCKHORN SPRINGS ASHLAND, OR

Treat yourself to a luxurious time of moving, meditating, musing, and dancing in a self-regulating process that is nourishing, and revelatory.

We refine our ability to sense intrinsic movements and the fluid forces of creation to guide our healing and creative unfolding.



We move and engage perceptually in the surrounding wilderness and meet what is still wild and full of mystery within.

With curiosity we feel sensation rich feelings, as we dare to love, weep, laugh, and meet the splendor and 'terrible beauty' that the river of life delivers.

This Continuum Wilderness Depths Retreat awaits those who love to inquire, who dare to listen at the edge and in the depths and who are aware of the adventure of courting the unknown.

WHAT WILL WE DO?

In deep long movement dives, we slow down, and transform through gentle breathing, primordial vocalizing, and engage a multi-faceted movement range that may be both dynamic and tender. We explore the intelligent dynamics of the elements—water, air, fire, earth, and space—in our bodies; deepening our inherent connection to the wild breathing planetary body. We melt and restore in spacious Silence.

This retreat includes a "soul quest" time where we are in collective silence for two days. As we deepen, each of us awakens our unique mystery-opening capacities. The fecundity of our spontaneous personal discoveries, our co-creating with each other, and with the cosmic planetary unfolding expands our minds and opens our hearts. As we plumb the depths together, our worn skins shed, healing happens, and we emerge with a deepened and heightened sense of creativity and love.

Buckhorn Springs Retreat Center offers a beautiful hand-crafted meeting room, garden grown meals, and mineral springs in a stream that runs through acres of forests and meadows. This is an ideal indoor and wilderness setting for a Continuum Wilderness Depths Retreat. Ours is the only event happening at Buckhorn.



SUSAN HARPER opens portals of exploratory consciousness. She has the ability through demonstration of sounds, breaths, and movement to transmit a primal and spiritual fluidity that inspires participation, resulting in embodied innovative discoveries. She teaches internationally and has been contributing to Continuum since 1975, and has taught 100s of Continuum Depths Retreats. Hubert Godard, David Whyte, Michael Meade, and Lama Drimed have also inspired the themes in this work.

LOCATION: BUCKHORN SPRINGS RETREAT CENTER 2200 Buckhorn Springs Road, Ashland, OR 97520

RETREAT FEE: Includes tuition, accommodations, and meals for 7 nights:

Camping - \$1240, Double - \$1470, Single - \$1780

WORK-STUDY: There are two work-study scholarships available, offering a \$200 price reduction. Inquire if interested.

TO RESERVE a space in this training: SEND \$150 non-refundable registration fee payable to: Continuum Montage LLC 3751 Motor Ave Suite 34757 Los Angeles CA 90034 Or register online at www.continuummontage.com

CANCELLATION POLICY: Final balance due May 1st, 2019. All payments non-refundable after that date.

CONTACT Helene at: susanharper2012@gmail.com

WORKSHOP TIMES: Check in at 4pm the first day and we end by 2pm on the last day. Closest airport is Medford, OR For experienced Continuum participants only. www.ContinuumMontage.com