

# SUSAN HARPER MYSTERY DEPTHS RETREAT

FEBRUARY 28 - MARCH 6, 2019 RIGMOR HOUSE CHAPEL HILL, NC

This Mystery Depths retreat awaits those who love to inquire, who dare to listen at the edge and in the depths—to be in the frontier conversation—who are aware of the adventure of courting the unknown.



This week is devoted to practices of awakening, and courtship of the mystery.

Treat yourself to a luxurious time of moving, meditating, musing, and dancing in a self-regulating process that is nourishing, and organismically wise.

## WHAT WILL WE DO?

In nourishing exploratory movement dives, we slow down, and transform through gentle breathing, primordial vocalizing, and engage a multi-faceted movement range that may be both wild and tender. We melt and restore in spacious Silence. We refine our ability to sense intrinsic movements and the fluid forces of creation to guide our creative unfolding.

This retreat includes a "soul quest" time where we are in collective silence for two days. As we deepen, each of us awakens our unique mystery-opening capacities. The beauty of our spontaneous personal discoveries, our co-creating with each other, and with the cosmic planetary unfolding, expands our minds and opens our hearts. As we plumb the depths together, outworn skins shed, healing happens, and we emerge with a deepened and heightened sense of creativity and love.



**SUSAN HARPER** opens portals of exploratory consciousness. She has the ability through demonstration of sounds, breaths, and movement to transmit a primal and spiritual fluidity that inspires participation resulting in embodied innovative discoveries. She teaches internationally and has been contributing to Continuum since 1975. Hubert Godard, Lama Drimed, and Michael Meade inspire this theme. Continuum teacher, **REBECCA LAWSON** will teach and contribute in this retreat.

LOCATION: THE RIGMOR HOUSE 5501 Hwy 54 West Chapel Hill, North Carolina 27516

TUITION 7 Days: \$850. Accommodations available: Private room: \$420, Couch in balcony: \$210, Camping: \$180

TO RESERVE a space in this training: \$200 non-refundable registration fee payable to: Rebecca Lawson

SEND TO: 912 Damascus Church Road, Chapel Hill, NC 27516 Or register online at [www.evolvingtherapies.com](http://www.evolvingtherapies.com)

CANCELLATION POLICY: All payments non-refundable after January 27, 2019.

CONTACT Rebecca at: [rebecca.amislawson@gmail.com](mailto:rebecca.amislawson@gmail.com) 919 932-7548 [www.evolvingtherapies.com](http://www.evolvingtherapies.com)

WORKSHOP TIMES: We begin at 1pm the first day and end by 4pm on the last day. Rest of schedule with registration.

For experienced Continuum participants only. [www.ContinuumMontage.com](http://www.ContinuumMontage.com)