

SUSAN HARPER

MYSTERY DEPTHS RETREAT

JULY 29 - AUGUST 4, 2019 ZIST INSTITUTE SOUTHERN GERMANY

This Mystery Depths retreat awaits those who love to inquire, who dare to listen at the edge and in the depths—to be in the frontier conversation—who are aware of the adventure of courting the unknown.



This week is devoted to practices of awakening, and courtship of the mystery.

Treat yourself to a luxurious time of moving, meditating, musing, and dancing in a self-regulating process that is nourishing, and organismically wise.

WHAT WILL WE DO?

In nourishing exploratory movement dives, we slow down, and transform through gentle breathing, primordial vocalizing, and engage a multi-faceted movement range that may be both wild and tender. We melt and restore in spacious Silence. We refine our ability to sense intrinsic movements and the fluid forces of creation to guide our creative unfolding. A dynamic Bodybliss class starts the morning. This retreat includes a "soul quest" time where we are in collective silence for two days.



SUSAN HARPER has the ability through demonstration of sounds, breaths, and movement to transmit a primal and spiritual fluidity that inspires participation resulting in embodied innovative discoveries. She has been teaching and contributing to Continuum since 1975, and brought Continuum to Europe for the first time in 1992. Her work is inspired by Hubert Godard with whom she co-taught for many years.

DIVO MÜLLER, founder of Bodybliss, and co-creator of Fascial Fitness will offer morning classes and share new findings on the fascial web during this retreat.



Registration opens on February 1, 2019. Please register then online at WWW.SOMATICSCADEMY.DE
Contact: Divo Mueller at divo.mueller@somaticsacademy.de or (+49) 089-286 755 90 www.bodybliss.de
This retreat will be taught in English and translated into German. Wiebke Kathmann will assist and translate.

FOR MORE DETAILED INFORMATION ABOUT SUSAN HARPER'S EVENTS VISIT: CONTINUUMMONTAGE.COM