

FEBRUARY 16-17, 2019 SUSAN HARPER SEATTLE, WA

CONTINUUM MOVING INQUIRY WORKSHOP

SPIRIT OF INQUIRY

Come participate in the adventure of who you are becoming, dissolve what is no longer needed, and allow for the emergence of something utterly new to take place.



IMAGINAL PASSAGEWAY

There is an imaginal passageway for souls like us, who tend the space-creating force of love, revealing heart gifts, yearning to be known and blessed; ready to blossom, and contribute to our shared world.

WHAT WILL WE DO?

In exploratory 'dives', we transform through gentle breathing, primordial vocalizing, and engage a multi-faceted movement range that is soulful, dynamic, and subtle. Treat yourself to a luxurious time of moving, meditating, musing, and dancing in a self-regulating process that is nourishing, and organismically wise. We listen in Awareness and restore in spacious Silence.

Through perceptual exercises and experiential anatomy, we deepen our relationship with gravity and perceptual spatial orientation.

This gives us the physical and emotional backing to take risks and meet creative challenges.

We bring our consciousness to our core—where we take in impression through perception, and where we non-verbally express our inner state, our needs and our love.

The process of intimate discovery opens possibilities and births new ways of participating.

SUSAN HARPER opens portals of exploratory consciousness. She has the ability through demonstration of sounds, breaths and movement to transmit a primal and spiritual fluidity that inspires participation resulting in embodied innovative discoveries. She teaches internationally and has been contributing to the development of Continuum since 1975. Hubert Godard, David Whyte, Michael Meade, and Lama Drimed inspire her ongoing inquiry.



LOCATION: Cascade Room, Hotel NEXUS - Seattle.

FEE: \$295 (Early registration - if paid in full by Jan 16) \$325 - Regular registration after Jan 16:

No deposits, please pay in full to hold your space/post dated checks ok. Canada: Please send US funds.

TO REGISTER please make check payable to Doris Mosler and mail to: 1 San Lucas Ct Saint Helena, CA 94574

CANCELLATION POLICY: 50% of full workshop fee for any cancellations made after Jan 16.

\$75 for any cancellation before Jan 16. Sorry no refunds after February 2.

Free Parking. Directions will be sent in your registration confirmation letter.

WORKSHOP TIMES: Saturday and Sunday 10:30-6pm (Bring a light lunch)

CONTACT: Doris Mosler at dhmosler@gmail.com (best) or 206-227-2489.