

**MICHAEL MOLIN-SKELTON AND SUSAN HARPER
HEARTH OF BELONGING - MOVEMENT RETREAT
NOVEMBER 30-DECEMBER 4, 2018
MADRONA MINDBODY INSTITUTE PORT TOWNSEND, WA**

Perceptual explorations help us to refine the compass of our genuine longing, and fundamental belonging.



We listen to the silences within; and trust as gravity repeatedly tells us 'I have a place for you: it is called here.'

In this 5-day retreat, we explore the relational capacity of the heart. We engage a multi-faceted movement range, deepen in ritual, and dare to love, weep, laugh, and meet the splendor and 'terrible beauty' experiences that come with the river of life.

Moving through the portals of Soul Motion™, we will dance with the grace of our belonging and the struggles of our exclusion.

Through organismic movements and primordial sounding, in the inquiry style of Continuum, we will explore the intelligent dynamics of the elements in our bodies; deepening our inherent connection to our wild breathing planetary body.



SUSAN HARPER is a heart-soul-counselor, creative instigator, and inspired teacher of perceptual and movement inquiry. Opening co-creative contexts for embodied transformative discoveries is what she loves. She has been teaching Continuum since 1975, and is the developer of Body of Relating, Living Dreams and Body of Perception Trainings.

MICHAEL MOLIN-SKELTON holds a few things sacred: "The love of my life Anneli, the miracle we named Jaylan, friends that cherish and challenge me, dancing alone, dancing with you, love." Michael is a senior faculty member of the Soul Motion™ school and resides in Port Townsend, Washington. "Dance is not something I do, it's simply who I am."



LOCATION: Madrona Mindbody Center 310 Fort Worden Way Port Townsend, WA 98368

Tuition: \$550 Early bird tuition if paid by October 15, 2018: \$500

Housing available at Madrona MindBody Institute madronamindbody.com

REGISTRATION: Madrona Center 360.344.4475 Info@MadronaMindBody.com

4pm check in, dinner at 5:30pm and a 7pm session the first night and ends at 4pm December 4.

Closest airport is Seattle Takoma SINCERAMOVEMENT.COM CONTINUUMMONTAGE.COM