

DECEMBER 3-4, 2016 SUSAN HARPER SEATTLE, WA

CONTINUUM MOVING INQUIRY WORKSHOP

SPIRIT OF INQUIRY

We attend the art of discovery through movement, and the art of inquiry in how we perceive, and how we make meaning.

How we see, listen, move and touch affects our physical structure, psychological profile, and capacity for intimacy.

Inquiry fosters a community that supports the natural creativity, and intelligence that springs forth in the absence of a fixed image of who and what we are.



Continuum Moving Inquiry awaits those who love to inquire, who dare to listen at the edge and in the depths, who are aware of the adventure of courting the unknown.

The primacy of the human heart to love and be loved, mutual inquiry, skills of intimacy, somatic and verbal dialogue, and the depths of imagination are all explored here.

WHAT WILL WE DO?

In movement dives, we transform through gentle breathing, primordial vocalizing, and engage a multi-faceted movement range that may be both wild and tender. We refine our ability to sense intrinsic movements and the fluid forces of creation to guide our healing and creative unfolding.

With curiosity we feel sensation rich feelings, as we dare to love, weep, laugh, and meet the splendor and 'terrible beauty' that the river of life delivers.

We actively participate in liberating unexamined habitual styles of perceiving and acting. We move into alive, curious, engagement where the style and act of living becomes a creative art.

We explore to loosen the grip of identity; freeing us to embrace our fluid nature, which is creatively responsive to its context.

SUSAN HARPER has been teaching and contributing to Continuum since 1975.

She is the developer of Body of Relating Trainings and with Hubert Godard co-developed Portals of Perceptions. This theme is also inspired by David Whyte, Michael Meade, Christine Price and by Lama Drimed with whom she also teaches.



LOCATION: Cascade Room, Hotel NEXUS - formerly known as Ramada Inn Northgate, Seattle.

FEE: \$295 (Early registration - if paid in full by Nov 3) \$325 - Regular registration after Nov 3:

No deposits, please pay in full to hold your space/post dated checks ok Canada: Please send US funds.

TO REGISTER please make check payable to Doris Mosler and mail to: 2016 12th Ave W Seattle, WA 98119

CANCELLATION POLICY: 50% of full workshop fee for any cancellations made after Nov 3.

\$75 for any cancellation before Nov 3. No refunds after Nov 28.

Free Parking. Directions will be sent in your registration confirmation letter.

WORKSHOP TIMES: Saturday and Sunday 10:30-6pm (Bring a light lunch)

CONTACT: Doris Mosler at dhmosler@gmail.com (best) or 206-227-2489.